

The Roman Catholic
Parish of St. Timothy

Archdiocese of St. Boniface

135 John Forsyth Road Winnipeg Manitoba R2N 1R3
204-949-3760 info@st-timothy.ca

The Parish Office is closed during the
COVID-19 Pandemic, but voicemails and emails
to info@st-timothy.ca are checked regularly

For news & updates: www.st-timothy.ca
or www.archsaintboniface.ca

May 3, 2020

Fourth Sunday of Easter

St. Timothy is a contemporary
Roman Catholic parish called to
"fan into flame the gifts
God has given us" (2 Tim 1.6-7)
so together ALL encounter
and share the Living Christ.



I am the gate for the sheep. John 10.9

May 3 Readings:

Acts 2.14,36-41
Psalm 23
1 Peter 2.20-25
John 10.1-10

May 10 Readings:

Acts 6.1-7
Psalm 33
1 Peter 2.4-9
John 14.1-12

Living with Christ is offering free prayer resources
and downloads of the daily Mass texts. Click [HERE](#)

**Our vision is to be a life-giving community committed
to welcome, to worship, to grow, and to serve.**



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Find us on:



INSTAGRAM
parishofsttimothy



st-timothy.ca
to read the
bulletin on-line



FACEBOOK: Parish of
St. Timothy in South
St. Vital



TWITTER
parishofsttims

MORE Updates!



As always, stay in the good habit of **checking our website st-timothy.ca** as it constantly being updated with new helpful spiritual resources with links to videos, articles and much more, plus directions to link to the live streamed or recorded masses. **NEW: There are excellent Catholic resources about Mary for the month of May.**



RECORDED SUNDAY MASS at the Parish of St. Timothy: You may access our recorded Sunday Mass by clicking on the link on the home page of our website. The Mass recording can be viewed anytime starting Saturday late afternoon or early evening - at your convenience!

LIVE STREAMED OR RECORDED WEEKDAY MASS: On Tuesdays, Wednesdays and Thursdays, Fr. Chrys celebrates private mass that is live streamed so we can all unite our prayers as a parish community. Mass is also recorded for viewing at your convenience. Follow the links on our website.



Following the private mass, there is the **Exposition of the Blessed Sacrament from 10:15 am until noon.** You are welcome to pray in front of the Blessed Sacrament during this time. **NEW: There is now Exposition of the Blessed Sacrament on Thursday evenings from 7:00 - 8:00 pm.** Please ensure that you are feeling well before you attend, and ensure that you have read the guidelines on our website before you plan to arrive to church. Or you may call the parish office if you have any questions. We ensure that there is not more than 4 people in the church at one time and we sanitize the plastic chairs used in the worships space after each pray-er leaves. **Fr. Chrys is available for Confession during this time of Exposition of the Blessed Sacrament** or email him directly at fr.chrys@st-timothy.ca.



If you desire to come to church to pray outside of those hours, please call or email the parish office (info@st-timothy.ca) and we will arrange to have a member of the parish leadership team meet you at the church.

We are looking for additional volunteers to help monitor the church doors on Tuesdays, Wednesdays or Thursdays from 10 am until noon. Please call the parish office to learn more.

As well, the St Boniface Archdiocese live-streams Sunday masses on the Diocesan Facebook page in English at 10:30 am. Go to their Facebook page: <https://www.facebook.com/ArchSaintBoniface/>

Don't have Facebook? Visit the diocesan homepage, www.archsaintboniface.ca and click on the button "Don't have Facebook?" in the "Archdiocesan Corner" section to get the link.

Salt + Light TV has daily mass, streamed live that you can view anytime at www.saltandlighttv.org/mass

What is "Spiritual Communion?"

When we are unable to receive Holy Communion sacramentally, we can receive great graces and blessings by expressing our desire to do so in what is called a "spiritual Communion." This practice goes back many centuries and has a rich tradition. The Church encourages us to make an act of "spiritual communion," where we unite ourselves to God through prayer. It is a beautiful way to express to God our desire to be united with him when we are unable to complete that union in the reception of Holy Communion. This is one example of such prayer.

An Act of Spiritual Communion: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Upcoming Mass Intentions

+ Rémi Labossiere

Special Intention

+Nelda Provido

+ Adrien Heri

+ Sue, Esterina &
Giuseppe D'Asti

+ Regina Cruywels
*Needs & Intentions
of all parishioners*

Fourth Sunday of Easter - 1 Peter 2:20-25

Doing the right thing does not always feel good. You might take a stand for what you believe. Or you go out of your way to assist someone in need. But even in these circumstances, something can still go wrong. Others do not appreciate your sacrifice. You suffer ridicule. You experience loss. You know it is right to do good, but unfairly you do not always feel good.

The First Letter of Peter says, "If you are patient when you suffer for doing what is good, this is a grace before God. For to this you have been called."

The good we do is already a sign of our progress in the spiritual life, even if it does not feel that way. In the past, we may have avoided what is good if it seemed to threaten

peace. We might have kept quiet about injustice in the workplace, the offenses of a neighbor, or the inappropriateness of derisive humour. Our silence gave consent. We were like sheep going astray.

But in Christ we know better. We do what is right even if it is unpopular. We speak up for the oppressed. We take time to defend human rights. We act with boldness we did not know before. We obtain this strength for doing good from the Shepherd of sheep, who guides and protects the flock.

Faith in Christ brings comfort and courage. It makes us feel loved, confident, and strong to suffer for doing what is good, even when it is unpopular.

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COME Fan into Flame Prayer Group



We have moved our prayer meetings ONLINE!

Please join us Monday evenings for online prayer meeting

You'll need to download the Zoom app onto your phone, tablet, or computer.

Please contact Marcie for more information at 204-504-6040.



Greetings from SSVF!

We have been working hard to reach out to the Poor as best we can lately.

It has been a challenge to uphold the part of our mission that promotes fellowship with those we visit, when physical distancing is what we are called to do for safety measures.

Shopping is equally a challenge as we are called to only set foot in a grocery store for a short time. **Dakota Family Foods has been incredibly supportive in that they are doing the shopping for us and packaging all food items for families in a box ready for pick up.** We pick up and deliver curb-side to those families. It certainly is not our regular way of doing visits but the hungry are being fed, thanks to your generosity! Parishioners are still making monetary donations to SSVF by mail to the parish and for that we are grateful.

Next week we will be providing items for 200 bagged meals to be distributed by Siloam Mission who can no longer open up their dining room to the hungry! And so the giving goes on and the difference you are helping us make is felt greatly by our city. Blessings to all!

May is the Month of Mary

May is the month that we traditionally honour Mary in a special way. This year our need for Mary and her intercessions is even greater due to the pandemic. On May 1, both Canada & the US have joined other countries in consecrating their countries to Mary, Mother of the Church. Dioceses, parishes, families and individuals are also encouraged to consecrate themselves to Mary.

The diocese is live streaming mass Friday, May 1 at 7:30 pm, to consecrate our diocese to the Blessed Virgin Mary, Mother of the Church. Fr. Kevin Bettens will preside at the English mass at Mary, Mother of the Church Parish. Archbishop LeGatt will preside at the French liturgy, also at 7:30 pm. You may watch and participate in either the live streamed masses by clicking on the links on the home page of the St. Boniface Archdiocese at www.archsaintboniface.ca.

Fr. Chrys celebrated mass at St. Tim's on Friday morning to consecrate the faithful of our parish to Mary, so she may intercede for us, not just due to the pandemic, but for all of our other needs. **You may consecrate your own family to Mary as well, by following this short order of service and prayers. Click here or go to www.cccb.ca. Use this opportunity to invite our Lady into our lives, our families, & our situations.**

Pope Francis encourages us this month to pray the Rosary individually or as a family, and that "contemplating the face of Christ with the heart of Mary our Mother will make us even more united as a spiritual family and will help us overcome this time of trial." **See his letter to the Faithful in this bulletin**, along with two prayers he encourages us to pray after praying the Rosary.

Fr. Chrys will be praying the Rosary in the Parish every Friday evening at 7:00 pm in May. You may unite your prayers with his and others in our parish and pray the rosary at 7:00 pm each Friday in May starting May 8.

Again, we have new resources on our parish website to help you learn and grow in love and trust of our Lady, Mary, Mother of the Church. **Go to st-timothy.ca, click on the Resources button and then on the drop down menu, click on "Marion Devotions" or click here.**

FINANCE NEWS
Weekly offering to our Parish - 2020

Collection Date:	Envelopes	Credit Card	Total
Easter Sunday, April 12	\$490.00 (5 env)		\$490.00
April 19	\$1,510 (17 env)	\$300 (3 donations)	\$1,810.00
April 26	\$4,330 (31 Env)		\$4,330.00

THANK YOU to all who have responded to the recent letter sent to our parish members. Since then, we've had parishioners join direct debit to make their parish donations, plus many who mailed their donations or arranged (emailed or phoned) to drop them off. Thank you for your response and continued support of our parish, especially during this difficult time.

Donations made to the church by Direct Debit for the month of April was \$16,169.00 (189 direct debit users.) With our recent sign-ups, we now have 195 direct debit users!

As a reminder, we encourage you to still make your Sunday donations to the parish if possible. There are three ways to do so:

1) Sign up for Direct Debit: A Direct Debit form was mailed to you and we ask that you consider signing up for automatic debit donations. Direct debit forms are also on the parish website, st-timothy.ca. You can print the form then scan the form and a VOID cheque to vicky@st-timothy.ca. You may also email a photo of the completed form and a VOID cheque to Vicky.

2) Mail your donation (cheques only) to the parish. You may send post-dated cheques as well!

3) Online: go to archsaintboniface.ca and click on the button "donate to your parish during the COVID-19 pandemic". Or click on the **DONATE** button on the home page of our website and you'll be directed to the diocesan link to make your donation. **Be sure to choose "St. Timothy" on the drop down menu to direct your donation.**

CHRISTIAN STEWARDSHIP REFLECTION

May 3, 2020 - 4th Sunday of Easter

And Peter said to them, 'Repent, and be baptized, every one of you, in the name of Jesus Christ...' (Acts 2:38)

The word "repent" means to turn from sin, to change our actions. Change that is permanent comes from within. It requires prayer, discipline, and perseverance. Change is also hard. We have to recognize that we are broken and need help. The good news - we are not alone in our journey. Ask Jesus daily for guidance and patiently listen for his response.

WEEKLY  MARRIAGE TIP

Be forgiving of each other's wrongs and failures. Remember: A perfect marriage is an imperfect husband and an imperfect wife who absolutely refuse to give up on one another.

**St. Timothy Knights of Columbus
BBQ RAFFLE**

THREE PRIZE PACKAGES

- 1**
 - 1 box AAA Sirloin steaks, approx 28 steaks
 - 1 box Pork Back Ribs, approx 14 slabs
 - 6 types of cheeses
 - 2 bottles of wine
- 2**
 - 1 box AAA Sirloin steak, approx 28 steaks
 - 1 smaller box Pork Back Ribs, approx 7 slabs
 - 4 types of cheeses
 - 2 bottles of wine
- 3**
 - 1 party box AAA Sirloin steak, approx 8 steaks
 - 1 box of 6 oz Angus beef burgers, 24 in a box
 - 1 box of all beef wieners, 88 6' wieners in a box

The St. Timothy Knights of Columbus are asking for your help to raise money for St. Timothy initiated projects by purchasing BBQ Raffle tickets! There's a prize for all the meat and cheese lovers!

Ticket are \$5.00 each or 3 for \$10.00
Draw Date is June 19, 2020

Contact any of these fine Knights to get your tickets:

Bryan Vandale: bryanvan2@icloud.com
Lou Sawkey: lsawkey@mts.net
Ray Chartrand: sandiray@mts.net
Denis Tremblay: denmar72@mymts.net

Thank you to the Knights of Columbus for their generous donation to the parish of \$1,000.00. Your support of our parish is very appreciated!

2020 MARCH FOR LIFE – Live and online during the National Week for Life and the Family - May 10 -17, 2020 Due to covid 19 restrictions, the 2020 National March for Life in Ottawa and the pro-life rally on Parliament Hill on May 14, and the Manitoba March for Life, will be replaced with a national program of online events. Go to <https://marchforlife.ca/> for more information

Mental Health Resources: Taking Care of Your Mental Health It is normal to experience high levels of stress and anxiety during this COVID-19 pandemic. It's important to take care of your mental health. The diocesan website, www.archsaintboniface.ca now has a list of resources that can help, or click [here](#).

LETTER OF HIS HOLINESS POPE FRANCIS TO THE FAITHFUL FOR THE MONTH OF MAY 2020

Dear Brothers and Sisters,

The month of May is approaching, a time when the People of God express with particular intensity their love and devotion for the Blessed Virgin Mary. It is traditional in this month to pray the Rosary at home within the family. The restrictions of the pandemic have made us come to appreciate all the more this “family” aspect, also from a spiritual point of view.

For this reason, I want to encourage everyone to rediscover the beauty of praying the Rosary at home in the month of May. This can be done either as a group or individually; you can decide according to your own situations, making the most of both opportunities. The key to doing this is always simplicity, and [it is easy also on the internet](#) to find good models of prayers to follow.

I am also providing two prayers to Our Lady that you can recite at the end of the Rosary, and that I myself will pray in the month of May, in spiritual union with all of you. I include them with this letter so that they are available to everyone.

Dear brothers and sisters, contemplating the face of Christ with the heart of Mary our Mother will make us even more united as a spiritual family and will help us overcome this time of trial. I keep all of you in my prayers, especially those suffering most greatly, and I ask you, please, to pray for me. I thank you, and with great affection I send you my blessing.

*Rome, Saint John Lateran, 25 April 2020
Feast of Saint Mark the Evangelist*

Pope Francis

First Prayer

O Mary,

You shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick, who, at the foot of the cross, were united with Jesus' suffering, and persevered in your faith.

“Protectress of the Roman people”, you know our needs, and we know that you will provide, so that, as at Cana in Galilee, joy and celebration may return after this time of trial.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us.

For he took upon himself our suffering, and burdened himself with our sorrows to bring us, through the cross, to the joy of the Resurrection. Amen.

*We fly to your protection, O Holy Mother of God;
Do not despise our petitions in our necessities,
but deliver us always from every danger,
Glorious and Blessed Virgin.*

Second Prayer

“We fly to your protection, O Holy Mother of God”.

In the present tragic situation, when the whole world is prey to suffering and anxiety, we fly to you, Mother of God and our Mother, and seek refuge under your protection.

Virgin Mary, turn your merciful eyes towards us amid this coronavirus pandemic. Comfort those who are distraught and mourn their loved ones who have died, and at times are buried in a way that grieves them deeply. Be close to those who are concerned for their loved ones who are sick and who, in order to prevent the spread of the disease, cannot be close to them. Fill with hope those who are troubled by the uncertainty of the future and the consequences for the economy and employment.

Mother of God and our Mother, pray for us to God, the Father of mercies, that this great suffering may end and that hope and peace may dawn anew. Plead with your divine Son, as you did at Cana, so that the families of the sick and the victims be comforted, and their hearts be opened to confidence and trust.

Protect those doctors, nurses, health workers and volunteers who are on the frontline of this emergency, and are risking their lives to save others. Support their heroic effort and grant them strength, generosity and continued health.

Be close to those who assist the sick night and day, and to priests who, in their pastoral concern and fidelity to the Gospel, are trying to help and support everyone.

Blessed Virgin, illumine the minds of men and women engaged in scientific research, that they may find effective solutions to overcome this virus.

Support national leaders, that with wisdom, solicitude and generosity they may come to the aid of those lacking the basic necessities of life and may devise social and economic solutions inspired by farsightedness and solidarity.

Mary Most Holy, stir our consciences, so that the enormous funds invested in developing and stockpiling arms will instead be spent on promoting effective research on how to prevent similar tragedies from occurring in the future.

Beloved Mother, help us realize that we are all members of one great family and to recognize the bond that unites us, so that, in a spirit of fraternity and solidarity, we can help to alleviate countless situations of poverty and need. Make us strong in faith, persevering in service, constant in prayer.

Mary, Consolation of the afflicted, embrace all your children in distress and pray that God will stretch out his all-powerful hand and free us from this terrible pandemic, so that life can serenely resume its normal course.

To you, who shine on our journey as a sign of salvation and hope, do we entrust ourselves, O Clement, O Loving, O Sweet Virgin Mary. Amen.

The Lord is My Shepherd (Psalm 23)

The Lord is my shepherd, I shall not want.

He makes me lie down in green pastures;

he leads me beside still waters; he restores my soul.

He leads me in right paths for his name's sake.

Even though I walk through the darkest valley,

I fear no evil; for you are with me;

your rod and your staff—they comfort me.

You prepare a table before me

in the presence of my enemies;

you anoint my head with oil; my cup overflows.

Surely goodness and mercy shall follow me all the days of my life,

and I shall dwell in the house of the Lord my whole life long.

Psalm 23

1. How do you make time to “lie down in green pastures” or let yourself be led “beside still waters?” If you don’t make time for it, how might you start building it into your days?
2. What is a dark valley to you at this time in your life? Can you sense the Shepherd/Jesus/God with you comforting you? How so?
3. How is goodness and mercy present in your life these days?