The Roman Catholic

Parish of St. Timothy

Archdiocese of St. Boniface

135 John Forsyth Road Winnipeg Manitoba R2N 1R3
204-949-3760 info@st-timothy.ca

Sunday Mass Times:
Saturday at 4:00 pm, Sunday at 9:00 am & 11:00 am

Weekday Mass Times: Tues/Wed/Thurs at 9:15 am
Office Hours: Tues/Wed/Thurs 9:00 am - 5:00 pm

March 3, 2019

Eighth Sunday in Ordinary Time

St. Timothy is a contemporary Roman Catholic parish called to "fan into flame the gifts God has given us" (2 Tim 1.6-7) so together ALL encounter and share the Living Christ.

Can a blind person guide a blind person?

Luke 6.39

March 3 Readings:

Sir 27:4-7 *Tribulation is the test of the just*
Ps 92 *Lord, it is good to give thanks to you*
1 Cor 15:54-58 *Where, O death, is your sting?*
Lk 6:39-45 *Remove the beam from your own eye first*

March 10 Readings:

Dt 26:4-10 *I have brought you the first fruits of this land flowing with milk and honey*
Ps 91 *Be with me, Lord, when I am in trouble*
Rom 10:8-13 *Everyone who calls on the name of the Lord will be saved*
Lk 4:1-13 *You shall not put the Lord God to the test*

Baptisms: Please call the parish office three months in advance.

Weddings: Please call the parish office one year in advance.

Sacrament of Reconciliation (Confession): After weekday morning mass or please call Fr. Chrys at 204-257-3723 for an appointment.

Bulletin: Please submit church related announcements to Grace in the office (bulletin@st-timothy.ca) by Tuesday morning in order to be included in the upcoming bulletin.

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Parochial Administrator:
Fr. Chrys Obinna Agu
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E-mail: Dave@st-timothy.ca

Parish Pastoral Council (PPC):
email renewal@st-timothy.ca

Liturgy Committee: liturgy@st-timothy.ca

Society of St. Vincent de Paul:
Leave a message at 204-949-3766
or email ssvpwinnipeg@gmail.com

Find us on:

INSTAGRAM parishofsttimothy

st-timothy.ca to read the bulletin on-line

FACEBOOK: Parish of St. Timothy in South St. Vital

TWITTER parishofsttims

Celebrations of the Eucharist for March 2 - 10, 2019

Sat. Mar. 2	4:00 pm	†	Normand Labossiere from Laurette Labossiere
Sun. Mar. 3	9:00 am	†	Jennie Proceviat from the Dakota House Faith Group
	11:00 am	†	Yvette Arnal from Diane Garroni
Tues. Mar. 5	9:15 am	†	Kenneth Robert
Wed. Mar. 6	9:15 am	†	Lionel LaFleche from Yvette LaFleche
	7:30 pm		Needs and Intentions of all parishioners
Thurs. Mar. 7	9:15 am	†	Lionel LaFleche from Yvette LaFleche
Mass with Anointing of the Sick			
Sat. Mar. 9	4:00 pm		Special Intention from Winnie Chanas
Sun. Mar. 10	9:00 am		Needs and Intentions of all parishioners
	11:00 am	†	Madeleine Laurin from Claudette & Harm Bouwman

Eighth Sunday in Ordinary Time
Sirach 27:4-7 - The Bent of One's Mind

We do it all the time—we size up people by the way they look. We judge their character by their face—the light of their eyes, the turn of their mouth. We make presumptions about people's abilities by seeing their height and weight. We categorize them by race and ethnicity. We predetermine the wisdom they have by guessing their age. We make a lot of ridiculous judgments before we even meet people.

And other people do the same to you. They make unfair assumptions before you open your mouth. It is not right.

But once you say something—well, then people learn a lot more. "The fruit of a tree shows the care it has had; so too does one's speech disclose the bent of one's mind."

Ouch. That piece of wisdom from the Book of Sirach reminds us that what we say reveals a lot about who we are. Sometimes we think more of ourselves than our speech discloses. When we say something we do not mean, it reveals something about ourselves to others. It is not always good. "When a sieve is shaken, the husks appear; so do one's faults when one speaks."

It is not right to form prejudices against other people, but it is healthy to realize that each one of us has strengths and weaknesses. Our own character will be revealed the more we speak.

We can all shape ourselves into better people if we think before we speak.

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SOUP KITCHEN UPDATE

The Soup Kitchen at Immaculate Conception Drop-In Centre last weekend was a huge success! Heartfelt thanks for the wonderful response and support from our parish community. Thank you for providing all the food, the clothing and the toiletries. We are so very grateful also for your generous monetary donations as well. Approximately 200 hungry people shared the hearty and healthy meal which was so gratefully received.

The Soup Kitchen coordinators were overwhelmed with the generosity of the people from our parish**. A big thank you to all who helped in receiving, packing and loading the food. A special thanks to the great team who came out to transport, prepare and serve the meal.** All agreed that it was a wonderful experience to be of service to those less fortunate people. Thank you to everyone!

A special THANK YOU to the members of the Women's Auxiliary who organize and prepare for this even year after year! The Soup Kitchen wouldn't happen without you!

Called to Serve

Coming Up
@ a gl@nce

Monday Evenings
"Fan into Flame" Prayer Group - 7:00 pm

Tues/Wed Catechism Evenings
Catechism & Catechism Café (resumes March 12/13 at 6:30 pm)

Monday, Mar. 4 & 18
SSVP - 7:30 pm

Tuesday. March 5
Knights of Columbus 7:45 pm

March 5/6
NO Catechism & Catechism Café due to Ash Wednesday Mass, March 6

Ash Wednesday, March 6
Mass: 9:15 am & 7:30 pm

March 8, 15, 22 & 29 Fridays in LENT:
Stations of the Cross 7:00 pm

Monday, March 11
Women's Auxiliary 7:00 pm

Tuesday, March 12
Liturgy Meeting 6:30 pm

Wednesday, March 13
Finance Meeting 6:30 pm

March 14, 21 & 28
Thursdays in LENT Fr. Mike Schmitz Video Series 7 - 8 pm Parish Hall ALL WELCOME

Your Guide to ASH WEDNESDAY March 6, 2019

What am I going to be doing on Ash Wednesday?

The observance of Ash Wednesday is the most popular weekday celebration in the Catholic Church's liturgical year. But too often, Ash Wednesday is like every other day, except that we manage to get to church and get ashes on our forehead. Is there anything else you can do on Ash Wednesday? How will fasting and abstaining happen for you and your family on that special day?

First, some Ash Wednesday facts:

- ✓ Ash Wednesday is this Wednesday, March 6.
- ✓ Ash Wednesday is always the first Wednesday of the Lenten season and marks the beginning of Lent.
- ✓ Ash Wednesday begins a wonderful season of reflection and preparation.
- ✓ Ash Wednesday also is a day of abstinence and fasting; (Good Friday is another.)

- ➢ **Abstinence** means refraining from eating meat; fish is OK.

- ➢ **Fasting** is defined as having one meal a day, and two smaller meals which if added together would not exceed the main meal in quantity. (No snacking!)

Mass is at 9:15 am & 7:30 pm

What happens at Mass on Ash Wednesday?

✝ After the priest blesses the ashes, adults and children process to the altar to receive **ashes on their forehead in the shape of a cross** - a symbol of the life of **discipleship.**

✝ The priest or minister says **"Repent, and believe in the Gospel."** During lent and through our lives, we are constantly called by God to turn to life in Christ through the power of the Spirit.

✝ **The atmosphere in the Church is quiet and the observance solemn**. People reflect on how quickly human life can pass. All are reminded of the need for repentance.

Why "ASHES"?

- The liturgical use of ashes originates in Old Testament times.
- Ashes symbolized mourning, mortality and penance.
- Jesus Himself also made reference to ashes (Mt 11:2).
- The early Church continued the usage of ashes for the same symbolic reasons. In his book, *De Poenitentia*, Tertullian (c. 160-220) prescribed that the penitent must "live without joy in the roughness of sackcloth and the squalor of ashes."
- In the Middle Ages (at least by the time of the eighth century), those who were about to die were laid on the ground on top of sackcloth sprinkled with ashes.
- Eventually, the use of ashes was adapted to mark the beginning of Lent, the 40-day preparation period (not including Sundays) for Easter.
- In present times, we use ashes made from the burned palm branches distributed on the Palm Sunday of the previous year.

Ash Wednesday is for KIDS TOO!

Ash Wednesday is also a day when people discover how many Catholics there are in their community. **Receiving the ashes as a member of the church community helps children recognize that they are an important part of the Catholic community** and are united with the Church in its Lenten preparation. And because receiving the ashes is a sign of humility and contrition, **children will also see how many people recognize the need for repentance.**

Are you shy to talk about your faith to non-catholics?

Let your ASHES do the TALKING!

"What's that smudge on your face?" Many of us have heard this question when we arrive at school, work, or home with the blackened cross on our forehead.

Resist the urge to rub off your ashes as soon as you leave church, but take the sign of the cross to all those that you meet – in your school, office, at the store, wherever you may be. This might just make people curious and wonder why you would do this. If you explain about Lent and Easter it might just make them think and may even awaken in them the questions that might lead to faith. Many people have a dim awareness of Lent and even ashes. It would be good to make this clear rather than dim.

"Don't underestimate the power of this simple action and wear your ashes as not only a SIGN of the beginning of your Lenten journey, but also to WITNESS to your greatest TREASURE in life. This small step could AWAKEN faith in the hearts of many that you meet in a way that WORDS could never do."

Make LENT COUNT at St. Tim's HERE'S HOW:

Join us as we begin our Lenten journey on **Ash Wednesday, March 6 for Mass with distribution of Ashes at 9:15 am and 7:30 pm.**

You will find many kinds of **printed Lenten resources on the shelf by the parish office** to help encourage you during your Lenten journey.

Pray the Stations of the Cross every Friday evening at 7:00 pm during Lent: March 8, 15, 22, 29, April 5 &12. (Why? See the next page!)

"Fan into Flame" Monday Evening Prayer Group: Join us for Praise and Worship, prayer, sharing and fellowship every Monday evening at 7:00 pm. Come and see!

Tuesday/Wednesday Catechism Café's - topic: is technology and screen time taking over your family life? Flip the page for more details.

Video Presentation on Thursdays in Lent beginning March 14 from 7 - 8 pm. Watch on the big screen & listen to the energetic Fr. Mike Schmitz inspire & challenge us this Lent. **YOUTH & YOUNG ADULTS (and less youthful adults) welcome**! More details on the other side!

Make weekday mass a part of your Lenten journey. Those 30 minutes will help set the tone for your day! Join us Tuesday, Wednesday and Thursday at 9:15 am.

Join the Faith Sharing Group after the Thursday morning mass to read and discuss the upcoming Sunday readings. Newcomers welcome!

Spend some time in the Blessed Sacrament Chapel - see over for details.

Check out a good book or DVD from our parish library. Simply fill out the library card and leave it in the basket. (Please return books within 3 weeks and DVD's in one week.)

Get to Mass Early (or at least don't come late!): **Make it your Lenten resolution to prepare you and your family a bit earlier so you can get to mass on time** and even a bit early! We know things happen that can make you late occasionally, so don't let that stop you from coming to mass. **But TRY to make it a NEW habit to arrive 10-15 minutes early**. Remember, you are coming out of a noisy world and you need to be able to leave all of that behind to be with the Lord. It takes a few minutes for most people to do this. Fix your eyes on the altar or cruciform or slip into the adoration chapel and just sit in silence for a few moments before mass. You will find it to be much easier to focus during the mass with a little preparation. Added benefit to coming early? You get the best seats and the best parking spots!

ON-LINE Lenten Resources

If you would like daily reflections sent directly to your email box for FREE, here are some of our favourites for this Holy season of Lent:

Bishop Robert Barron's Lenten Reflections
www.lentreflections.com

Also, be sure to explore Bishop Barron's www.wordonfire.org for access to many resources, homilies, videos, relevant articles and more.

Dynamic Catholic's Best Lent Ever
www.dynamiccatholic.com/bestlentever/

Don't give up Chocolate for Lent, join Best Lent Ever FREE. **Discover simple ways to transform your life in forty days.** Sign up for th free email program from Dynamic Catholic that is designed to help you have a life-changing Lent.

Ignatian Spirituality – A Service of Loyola Press
www.IgnatianSpirituality.com

This website is full of resources to support your prayer life this Lent, or anytime. Click on An Ignatian Prayer Adventure. This is an adapted version of the Spiritual Exercises. The eight-week schedule makes it perfectly timed as a Lent and Easter retreat, but the adventure can be started at any time, on your schedule. Join in a flexible experience of daily prayer and reflection. Choose to commit to a regular period of prayer each day, or start with only one day a week.

Loyola Press: Living Lent Daily
www.loyolapress.com

Click on the purple box called "Living Lent Daily" and sign up. Lent presents a wonderful time to reflect on themes of mercy, and this year's Living Lent Daily aims to help. This e-mail series delivers daily reflections based on the Scriptures of Lent, drawing out lessons of mercy. The messages also include suggestions for further exploration of Lenten themes through additional online articles and prayers.

Don't forget to explore the Loyolapress.com website as it is chock-full of Lenten resources for you and your family.

Strong Catholic Family Faith
www.catholicfamilyfaith.org

TONS of LENT resources for families - young and old - to learn and grow in faith together.

Father, help me see this holy season of Lent as a time of spiritual renewal, rather than a time of deprivation. Motivate me to reach a new level of experiencing your grace.

Monday - FRIDAY during LENT at the Parish - something for EVERYONE

"Fan into Flame" Prayer Group

MONDAYS at 7:00 pm at the Parish

Come JOIN US for PRAISE & WORSHIP, with teachings, sharing, and faith-related videos.

FELLOWSHIP to follow!

ALL WELCOME!

Community Catechism Café

Tuesday & Wednesday

6:30 - 7:30 pm

March 12/13,19/20, & Apr 2/3

Our last topic is "Taming Technology". Is technology and screen time robbing your family time? Join parents and members of the Marriage Family & Life Team as we share our parenting joys & challenges for the remaining 3 café sessions where will talk about screen time challenges in the family, setting healthy limits and writing a family agreement! The first two session handouts are on the table by the parish office.

Lent is a perfect time to develop strategies to fast from social media or video games or at least reduce the amount of time our kids (and ourselves) are in front of screens. **JOIN US!**

Journey to the Foot of the Cross:

PRAYER * FASTING * ALMSGIVING

Want to experience a more meaningful Lenten Season this year?

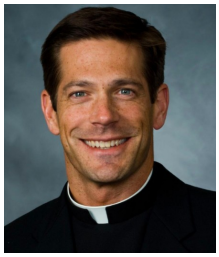
Join us THURSDAY EVENINGS
from 7 - 8 pm in the PARISH HALL
on March 14, 21, 28, April 4 &11
for SHORT 8-minute VIDEOS by Fr. Mike Schmitz*

The videos will focus on the three things we need to work on during Lent: **PRAYER, FASTING & GIVING ALMS**

EVERYONE IS WELCOME!

A special invitation to the YOUTH & YOUNG ADULTS of our parish (& their friends!) to make a meaningful ONE HOUR journey with us each week during Lent!

Come to watch, reflect...and for fellowship & refreshments!



**Father Mike Schmitz is a well known energetic and inspiring priest in Duluth Minnesota. He is the Director of Youth and Young Adult Ministry for the Diocese of Duluth, and Chaplain for the Newman Center at the University of Minnesota Duluth. He also appears in programs targeted toward youth and young adults for Ascension Press, as well as regular short videos on "Ascension Presents."*

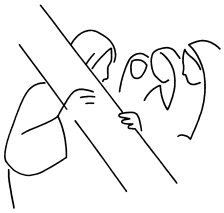
"What God ultimately wants is your freedom. What's holding you back from freedom? That might be the area of your life that's necessary to have some restrictions."

Fr. Mike Schmitz - "Picking a thing for Lent"

Stations of the Cross

Join us to pray the Stations of the Cross every **Friday at 7:00 pm** during Lent:

March 8, 15, 22, 29, April 5 & 12



Why Pray the Stations of the Cross?

Praying the Stations of the Cross is a powerful way to contemplate and enter into the mystery of Jesus' gift of himself to us. It takes the reflection on the Passion out of your head, and makes it an imaginative exercise. It involves your senses, experience and emotions. **Help deepen the experience of your Lenten journey and join us in the worship space each Friday of Lent at 7:00 pm.** Scriptural booklets (large print too) are available for use while we pray the Stations of the Cross.

You are also welcome to come pray the Stations of the Cross during Lent on your own during the day when the parish office is open and the worship space is available - Tuesdays from 9 am to 5 pm, and Wednesdays & Thursdays after morning mass to 5 pm.

TAKE TIME TO PRAY in the Presence of THE LORD

The tabernacle that holds the reserved Holy Eucharist at St. Timothy is in the Blessed Sacrament Chapel. The long narrow window of the Chapel allows the tabernacle to be seen in the worship space. The red vigil lamp that is always lit reminds us that Jesus is always present to us in the Eucharist contained therein.

You are always welcome, and especially during Lent, **to pray in the Chapel in the presence of the Lord either before mass or during office hours when the church is open.** If you've never visited the Blessed Sacrament Chapel, make point of doing so this Lent.

FINANCE NEWS

Weekly offering to our Parish - 2019

Collection date	Envelopes	Loose Cash	Total	Children's Collection for SSVP
February 17	$4,736.00 (172 env)	$160.00	**$4,896.00**	$24.05
February 24	$3,712.30 (156 env)	$251.00	**$3,963.30**	$35.15

Donations made to the church by Direct Debit for February was $14,935.00 (184 direct debit users)

CHRISTIAN STEWARDSHIP REFLECTION

March 3, 2019 - Eighth Sunday in Ordinary Time

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit." (Luke 6:43)

Are you using your God-given gifts in the way God intended? Do you compare yourself to others and complain about what you don't have instead of being thankful for what you do have? God gives each of us unique gifts and a unique plan. Listen to how God is calling you to use your gifts, to bear good fruit, for the glory of His name.

CAN YOU HELP? NEEDED: 2 baby car seats and a mattress (no box spring needed) for newcomer families. Can you please call Brigitte (from SSVP) at 204-396-6103 and leave a message. Many thanks!

WEEKLY MARRIAGE TIP

Lent starts on Wednesday! Discuss with your spouse about how you want to observe Lent this year, both individually and as a family.

NEW SCHEDULE FOR LITURGICAL MINISTERS

New Ministry Schedule - 2019 Second Quarter

NEXT SUNDAY, March 10 is the deadline to get your availability in for the second quarter Liturgical Ministry Schedule. If you already know some dates that you are not available April - June, please go on-line to the ministry schedule, click on "my profile" and submit the dates that you are not available to be scheduled.

If you do not use the schedule electronically, please contact Grace at the parish office at grace@st-timothy.ca or leave a message at 204-949-3760 to share the dates that you know you are not available to serve. Thank you!

LITURGICAL MINSTERS:

There are SIGN-UP sheets in the narthex for experienced Liturgical Ministers for both ASH WEDNESDAY Masses on March 6 at 9:15 am and 7:30 pm. Please sign-up in your area of ministry. Thank you!

I always wanted to be a Gregorian monk
but I never got the chants! ☺

'Come and See': What is it like to study to become a priest? – Saturday, March 9, 2019 'Come and See' is a day for young men to come and see what it is like to study to become a priest and to see what the life of a priest is like. This day is for any young man who has even the faintest sense of an attraction to the priesthood and is meant to be a day to respond to any questions or expectations you may have about the priesthood. Come to see different aspects of seminary life and what it takes to be formed into a shepherd for the Church. Come to support and build fraternity among young men open to God's call. The event will take place at the Archdiocesan Centre, 151 avenue de la Cathédrale, Winnipeg, on Saturday, March 9 from 10 AM until 3 PM. For more information and to register, please contact Fr. Joshua Gundrum, the Archdiocesan Vocations Director at 204-482-4197 or ststanislaus@mymts.net.

Choir practice for the great celebration of the Chrism Mass of April 16th, 2019 Calling all singers! We are preparing to celebrate Chrism Mass**. Rehearsals will take place in St. Boniface Cathedral at 7 pm on March 13 and April 3.** Please register at the latest on March 10: vermettej@mymts.net or 204-477-1531. Welcome one and all!

National Week for Life and the Family: Tridiocesan Catholic Family Conference – Saturday, April 6, 2019: This year for the National week for Life and the Family, we are pleased to offer a free, enriching Catholic family conference for families: parents, grandparents, children and youth while exploring the theme: "Listening to the Gospel – Renewing the Family Bond". The conference is on Saturday, April 6, 2019, from 9 am-4pm at the St. Boniface Cathedral Hall, featuring dynamic guest speaker, Leah Perrault. There will be presentations and activities aimed at renewing the family bond while exploring faith and the Gospel today. Donations gratefully accepted. Please register online at: bit.ly/familyconference1. For more information: Nadine Fetherston mfl2@archsaintboniface.ca or 204-594-0295. For conference schedule: bit.ly/schedule-nwlf or check out our parish bulletin board.

The Door is Always Open: Chat with the Bishop for Separated or Divorced – Sunday, April 7, 2019 Separation and Divorce have touched and affected many Catholic individuals and families. How can we, as a Catholic community, offer spiritual and practical help for these members of our Church, and give hope to those recovering from separation and divorce? This informal afternoon gathering will take place on April 7 from 2 pm to 4 pm at the Saint Boniface Diocesan Centre, 151 de la Cathédrale Avenue. Information: Marie Brunet at the Marriage, Family and Life Service: 204-594-0274; mfl@archsaintboniface.ca.