

The Roman Catholic
Parish of St. Timothy

Archdiocese of St. Boniface
135 John Forsyth Road Winnipeg Manitoba R2N 1R3
204-949-3760 info@st-timothy.ca

The Parish Office is closed during the
COVID-19 Pandemic, but voicemails and emails
to info@st-timothy.ca are checked regularly

For news & updates: www.st-timothy.ca
or www.archsaintboniface.ca

April 5, 2020

***Palm Sunday of the
Lord's Passion***

St. Timothy is a contemporary Roman Catholic
parish called to "fan into flame the gifts
God has given us" (2 Tim 1.6-7) so together
ALL encounter and share the Living Christ.

***Hosanna to the
Son of David!***



Palm Sunday

Matt 21.1-11; Isa 50.4-7;
Phil 2.6-11;
Matt 26.14-27.66

Holy Thursday

Exodus 12.1-8, 11-14;
1 Cor 11.23-26; John 13.1-15

Good Friday

Isaiah 52.13-53.12;
Hebrews 4.14-16; 5.7-9;
John 18.1-19.42

Easter Vigil

Resurrection of the Lord:
Genesis 1.1-2.2; Genesis 22.1-18;
Exodus 14.15-31; 15.20,
1 Isaiah 54.5-14; Isaiah 55.1-11;
Baruch 3.9-15, 32-4.4
Ezekiel 36.16-17, 18-28;
Romans 6.3-11; Luke 24.1-12

Easter Sunday

Resurrection of the Lord
Acts 10.34a, 37-43;
Col 3.1-4 or 1 or 1 Cor 5.6-8 ;
John 20.1-18

Living with Christ is offering free
prayer resources and downloads
of the daily Mass texts.

Click on

[https://www.livingwithchrist.ca/
index.php/intentions](https://www.livingwithchrist.ca/index.php/intentions)

***Hosanna in the
highest heaven!***

Our vision is to be a life-giving community committed
to welcome, to worship, to grow, and to serve.



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Find us on:



INSTAGRAM
parishofsttimothy



st-timothy.ca
to read the
bulletin on-line



FACEBOOK: Parish of
St. Timothy in South
St. Vital



TWITTER
parishofsttims

Dear Parishioners and Friends,

Due to the current pandemic, the liturgical celebration of the paschal mysteries of Holy Week, the Triduum and Easter will be celebrated without the physical participation of the faithful. The liturgies will be live-streamed so that we may all prayerfully unite ourselves in our homes to the celebration of the liturgy.

(Please note there will be no weekday private masses celebrated and no Exposition of the Blessed Sacrament next week in the Parish due to Holy Week.)

Check the home page of the parish website st-timothy.ca for information and links to watch the live-stream and participate in the Triduum celebrations from home. The links will be set up before the celebration is to begin so you can ready and on-line when the liturgy begins (plan ahead so you are not late 😊 !)

- Holy Thursday Mass of the Lord's Supper, April 9 at 7:00 pm
- Good Friday of the Passion of the Lord, April 10 at 3:00 pm
- Easter Vigil, April 11 at 8:00 pm

See the tips on the next page to help you prepare at home for participating during a live streamed mass. And please go to our website st-timothy.ca as it has been updated with many links to helpful spiritual resources.

During this challenging time, please know that Fr Chrys is praying for you, for the health and well being of our whole parish community and he encourages us to keep our hope alive! And remember to pray for each other.

Diocesan Live-streaming Sunday Masses:

Each Sunday, the St Boniface Archdiocese will live-stream Sunday masses and the Holy Week celebrations on the diocesan page. There are many ways to access Sunday masses live-streamed or recorded:

Sunday Mass live-streamed on the Diocesan Facebook page: Please join us for Sunday masses live-streamed from *Saints Martyrs Canadiens* Parish, presided by Archbishop LeGatt in English at 10:30 am on the diocesan Facebook page: <https://www.facebook.com/ArchSaintBoniface/>

Don't have Facebook? Simply go to youtube.com, find the search bar and type Saints Martyrs Canadiens. To access the Mass while it is being celebrated at 10:30 am, click on this link: https://www.youtube.com/embed/live_stream?channel=UCFLbnkM6HIRYpb4QjiXeBOg or visit the diocesan homepage, www.archsaintboniface.ca and click on the button "Don't have Facebook?" in the "Archdiocesan Corner" section.

Diocesan live-streamed Triduum celebrations:

Holy Thursday at 8:00 pm, Good Friday at 4:00 pm, Easter Vigil: French at 9:00 pm (Presider – Archbishop LeGatt), English at 9:00 pm (Presider – Fr. Carl Tarnopolski, Vicar General)

Masses are live-streamed via the diocesan Facebook page: <https://www.facebook.com/ArchSaintBoniface/>
As well as on the Saints-Martyrs-Canadiens Parish YouTube channel: <https://www.youtube.com/channel/UCFLbnkM6HIRYpb4QjiXeBOg/live>



About Palm Sunday of the Passion of the Lord

No other Sunday in the liturgical year reflects such dramatic contrast as today. What begins with songs of triumph quickly shifts into remembrance of the Lord's Passion. His royal entrance into the holy city of Jerusalem was also an entrance into the mystery of his suffering, death and Resurrection.

As we enter this holiest of weeks with Christ, may our participation draw us into deeper union with him and with one another, regardless of (or maybe because even more so) the challenges we are facing today.

*Upcoming
mass intentions:*

- † Deceased members of the Fontaine & Lazinski families
For all family members of Nettie Rear Bruce
- † Deceased Loved ones - Maher family
Wedding anniversary of Gabriel & Germana Resendes

7 TIPS FOR LIVESTREAMING MASS FROM HOME

in the absence of public Masses

In the midst of the COVID-19 pandemic, we are invited to participate in the Mass during the live broadcast, if possible, to unite ourselves in prayer with the whole community of the faithful.

CHOOSE YOUR SPACE

Rearrange the furniture or set aside an area of your house to be used for Mass. Consider sitting on a chair instead of your couch to help break out of your usual TV watching routine.

PRAYER TABLE

Consider creating a prayer table on which to place your computer. You could place objects such as a candle, a crucifix, flowers or your Bible open to the day's Gospel, on your table to make it special.

DRESS FOR MASS

Get dressed for Mass, even though you won't be leaving the house. This will help you remember how important and special this time is.

PREPARE YOUR HEART

Read the readings ahead of time so you're familiar with them. Log onto the viewing platform a few minutes early, rather than rushing in at the last minute. Give yourself a few minutes to prepare your heart for Mass.

REMOVE DISTRACTIONS

Remove any items from your space that will distract you from participating fully in the Mass. This could include your phone, coffee, or even your breakfast.

PARTICIPATE FULLY

While it might be a little awkward at first, participate in the Mass (sing, sit, stand, kneel, respond out loud) as though you were present in the Church.

SPIRITUAL COMMUNION

Choose or write a prayer to receive Spiritual Communion and bring a printed or written copy to Mass with you.

Pray this prayer at the time for Communion, asking God to allow you to receive him spiritually because you can't receive him physically.



“When churches are closed or you are isolated at home, what about Confession?”

On March 20, 2020, The Holy Father addressed this issue during his homily at morning mass:

I know that many of you go to confession before Easter... Many will say to me: ‘But Father...I can’t leave the house and I want to make my peace with the Lord. I want Him to embrace me... How can I do that unless I find a priest?’

“Do what the Catechism says...it’s very clear: if you don’t find a priest to hear your Confession, talk with God, He is your Father, and tell Him the truth: ‘Lord, I’ve done this, and that, and that...I’m sorry,’ and ask Him for forgiveness with all your heart, with the Act of Contrition and promise Him: ‘Afterwards I will go to Confession, but forgive me now.’”

If you do all this, Pope Francis said, you will return to God’s grace immediately. As the Catechism teaches, he reminded, you yourself can approach God’s forgiveness without having a priest at hand. “Think: it’s the moment! And this is the right moment, the opportune moment. An Act of Contrition well made, Francis said, will make “our soul become white as snow.

At the end of his homily, the Pope expressed the hope that the word “return” might “echo in our ears today”. Like in the parable of the Prodigal Son, Pope Francis said:

Return to your Father. He’s waiting for you, and He will throw a feast for you.

Your Big Questions please... Archbishop Albert would like to hear your questions.

In these times of social isolation, our minds can be led to ponder the big, important questions on life. Please send us your questions, those big questions dwelling in your heart, and Archbishop Albert will answer them through short daily reflections in the coming weeks. How? Simply send a private message through Facebook messenger to the Archdiocesan Facebook page. Or email your questions to: communications@archsaintboniface.ca

Your COVID-19 Faith Stories, please...

The current pandemic has forced many Manitobans to confine themselves to their homes, or to practice social distancing. How does the present situation affect your spiritual life? Share your stories about how your faith nourishes you at this time. What are your challenges? How has your personal and family spiritual life been transformed? What insights are emerging? What scriptures, saints or stories are inspiring you? Write to us to give us your testimony (Maximum of 450 words). We can then share them in the Weekly News Bulletin and on the Archdiocesan website. Contact communications coordinator Daniel Bahuaud by email at: communications@archsaintboniface.ca

An Act of Spiritual Communion: My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

FINANCE NEWS

Weekly offering to our Parish - 2020

Collection date	Envelopes	Loose Cash	Total	Children's Collection for SSVF
March 1	\$6,215.60 (190 env)	\$251.35	\$6,466.95	\$8.65
March 8	\$3,792.00 (163 env)	\$196.15	\$3,988.15	\$22.25
March 15	\$2,095.00 (79 env)	\$103.00	\$2,198.00	\$4.00
March 22	\$525.00 (4 env)	---	\$525.00	---
March 29	\$460.00 (3 env)	---	\$460.00	---

Donations made to the church by Direct Debit for the month of March was \$16,300.00 (189 direct debit users). **Thank you to our parishioners using direct debit to make their parish donations.**

Thank you also to those who have recently signed-up for direct debit or mailed their Sunday donation to the parish.

IMPORTANT FINANCIAL INFORMATION

During these unprecedented times, we encourage you to still make your Sunday donations to the parish if possible. There are three ways to do so:

1) Sign up for Direct Debit: Direct debit forms are on the parish website, st-timothy.ca. You can print the form then scan the form and a VOID cheque to vicky@st-timothy.ca. You may also email a photo of the completed form and a VOID cheque to Vicky.

2) Mail your donation (cheques only) to the parish.

3) Online: go to archsaintboniface.ca and click on the button "donate to your parish during the COVID-19 pandemic"

Thank you in advance for your continued support of our parish.

CHRISTIAN STEWARDSHIP REFLECTION

April 5, 2020 - Palm Sunday

"As they were marching out, they came upon a man of Cyrene, Simon by name; this man they pressed into service to carry his cross." (Matthew 27:32)

The Lord calls us to love God and to love our neighbour. Every day we are presented with opportunities to love our neighbour and help him "carry his cross." These opportunities aren't usually big events, they are usually ordinary occurrences like helping someone carry their groceries or holding the door open for them. The key is putting the other person's needs before our own and not expecting anything in return.

WEEKLY MARRIAGE TIP

Finding yourselves with more time together than usual? Why not take a 30 minute break from another Netflix episode and try an on-line program for couples instead? Click on this link! <https://www.the-virtues.net/online-free-program/online-program-videos/>



This year for the National Week for Life and the Family, we are pleased to offer a special edition, **FREE, ONLINE Catholic family conference,** live streamed for families while exploring the theme:

"Our Children: Embracing God's Gift of Love – A Gift within our Church, Village & Family".

The live streamed conference is on Saturday, April 18, 2020, from 2:00 pm - 4:45 pm, featuring dynamic guest speaker: Kevin Dunn.

We will explore the wonderful gift children are to our Church, our village and our families. Registration is required!

Please click on this link to register online:
<http://tridiocesan.rsvpify.com>



If you are reading this bulletin on our website but would like to be added to our bulletin email distribution list, please **email bulletin@st-timothy.ca** with the subject "subscribe". (Or anything in the subject line will do!) A benefit to subscribing to the bulletin by email is that we sometimes include copyrighted resources that does not allow us to post to our website.

Please note that we may also email other parish communications during the time of the COVID-19 pandemic to share parish updates or helpful spiritual resources. (We won't share your email though!)

If you received this bulletin by email, consider forwarding it to someone you know in the parish who does not receive the bulletin by email. Encourage them to email bulletin@st-timothy.ca to ask to get on the bulletin and communication distribution list.

Escaping from Pain

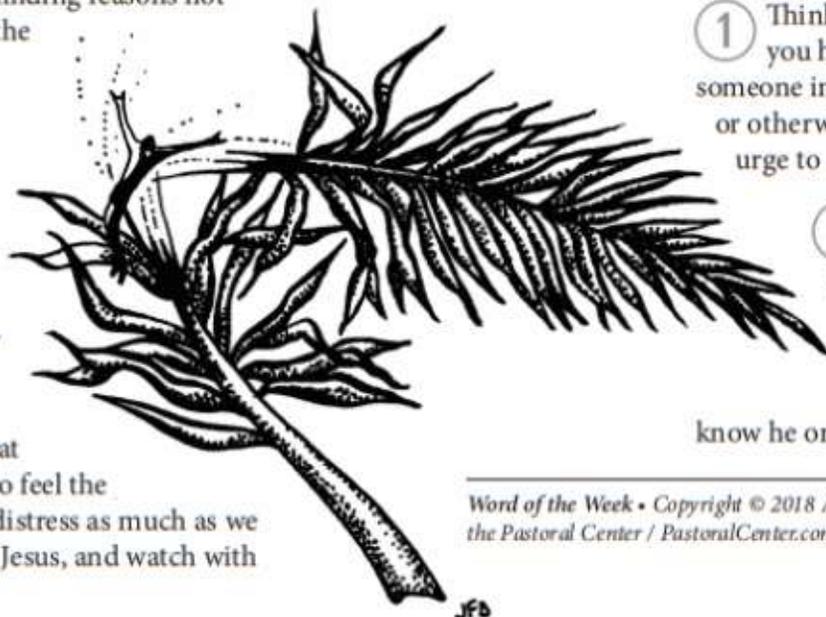
This Week's Readings at Mass

- ▶ Matthew 21:1-11 - Triumphal entry into Jerusalem
- ▶ Isaiah 50:4-7 - Salvation only through the Lord's servant
- ▶ Philippians 2:6-11 - Jesus, compassionate high priest
- ▶ Matthew 26:14-27:66 - The passion of Jesus

On Palm Sunday, we hear two Gospel readings. The first tells us of Jesus' triumphal entry into Jerusalem. The second is the full Passion account. In between are readings from Isaiah and Philippians, reminding us of Jesus' humility and willingness to be the suffering servant of God. The combination of scriptures moves us from rejoicing and praising Jesus along with the people waving their palms on the roadside to the disturbing events that lead to his arrest, trial, and death. These scripture passages are an emotional roller coaster ride.

The entire Passion story is difficult to read and hear because it is challenging to be with people who are in pain, especially when they are people we know and love. Even if we have the desire to stay present and remain loyal, Peter, James, and John remind us that sometimes the pain is just too great and we escape from it. Jesus' three friends escaped the discomfort of being with Jesus in his agony by sleeping. Others of us avoid pain in other ways, perhaps with food, alcohol or drugs, exercise, forms of entertainment or technology use, overworking, etc. Sometimes our escape is simply by finding reasons not to spend time with the person in pain.

St. Ignatius wrote a program of prayer called The Spiritual Exercises. He urges all those who are praying the Exercises to stay present to Jesus during his Passion. He suggests that we allow ourselves to feel the agony, sorrow, and distress as much as we can, to remain with Jesus, and watch with



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"If it is possible, let this cup pass from me; yet, not as I will, but as you will."

Sheepish Question:

What am I afraid of?

him as he asked his friends to do in the Garden of Gethsemane.

We cannot be physically present to Jesus in his suffering now, but surely there are people in our lives who are suffering with whom we can remain awake. It might be a form of agony for us to watch and to share in another's pain, but when we do it for others, we do it for Jesus.

Questions of the Week

- 1 Think about an experience you have had of being with someone in their pain: physical or otherwise. Did you have any urge to run away or escape it?
- 2 Think of someone in your life now who is suffering. How might you make yourself available so that person will know he or she is not alone?

Escaping from Pain

Scripture Background

This information isn't meant to be read aloud, but as background. If helpful, share some of it in conversation with the group.

On Palm Sunday, we hear two Gospel readings. The first tells us of Jesus' triumphal entry into Jerusalem. The irony is that although it was "triumphal" in one sense, it wasn't a grand and royal entry by the standards and customs of the day in the Roman Empire. A Roman procession would have included magnificent military horses with their famous dignitaries and leaders grandstanding into the city in a show of power and might. Instead, Jesus makes his entrance on a donkey (quite the opposite of a stallion!) with a crowd of poor people spontaneously removing the cloaks from their very backs to show their support of this very humble leader

The second Gospel reading is the full Passion account. In between are readings from Isaiah and Philippians, reminding us of Jesus' humility and willingness to be the suffering servant of God. The combination of scriptures moves us from rejoicing and praising Jesus along with the people waving their palms on the roadside to the disturbing events that lead to his arrest, trial, and death. These scripture passages are an emotional roller coaster ride.

Opening Prayer

Pray the following aloud together, beginning with the Sign of the Cross:

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Good and Gracious God,
thank you for this gathering to reflect on your Word of Life.

Open our eyes and ears
so that we may see and hear the message you
have for us today.

We ask this in Jesus' name. Amen.

Gospel Reading: Matthew 26:36-46

Ask someone to read this passage aloud (which is just a small portion of the entire Passion reading), then pause for a minute of silence.

Ask: What struck you about this reading or the liturgy this week?

Allow for sharing. Move on to the next section once the sharing has died down.

April 5, 2020 • Year A

Palm Sunday of the Passion of the Lord

- ▶ Matthew 21:1-11 - Triumphal entry into Jerusalem
- ▶ Isaiah 50:4-7 - Salvation only through the Lord's servant
- ▶ Philippians 2:6-11 - Jesus, compassionate high priest
- ▶ Matthew 26:14-27:66 - The passion of Jesus



Reflections on the Reading

Invite each person in the circle to read one paragraph aloud:

The entire Passion story is difficult to read and hear because it is challenging to be with people who are in pain, especially when they are people we know and love. Even if we have the desire to stay present and remain loyal, Peter, James, and John remind us that sometimes the pain is just too great and we escape from it. Jesus' three friends escaped the discomfort of being with Jesus in his agony by sleeping. Others of us avoid pain in other ways, perhaps with food, alcohol or drugs, exercise, forms of entertainment or technology use, overworking, etc. Sometimes our escape is simply by finding reasons not to spend time with the person in pain.

St. Ignatius wrote a program of prayer called The Spiritual Exercises. He urges all those who are praying the Exercises to stay present to Jesus during his Passion. He suggests that we allow ourselves to feel the agony, sorrow, and distress as much as we can, to remain with Jesus, and watch with him as he asked his friends to do in the Garden of Gethsemane.

We cannot be physically present to Jesus in his suffering now, but surely there are people in our lives who are suffering with whom we can remain awake. It might be a form of agony for us to watch and to share in another's pain, but when we do it for others, we do it for Jesus.

Questions for Discussion

Read each question aloud, one at a time, followed by time for sharing.

- ① What is your first reaction to reading that the apostles fell asleep in the garden? Sympathy and understanding? Judgment or criticism? Something else? What do you imagine they were thinking and feeling at the time?
- ② Share about an experience you have had of being with someone in their pain: physical or otherwise. Did you have any urge to run away or escape it?
- ③ Think of someone in your life now who is suffering. How might you make yourself available so that person will know he or she is not alone?

Closing Prayer

Pray the following aloud together:

Jesus, may what we have heard and discussed today inspire us to leave here committed to living as more faithful disciples.

Amen.